

Being outside can seriously improve your well-being..FACT!



GREENPATH VENTURES

Improving self esteem and confidence through Bushcraft



- Gain confidence and self-esteem
- Improve both mental and physical health
- Improve communication and interpersonal working
- Take part in new and exciting activities
- Where possible, gain qualifications and new experience



Meet Noggin - our mascot

We help improve the self esteem and confidence of disadvantaged adults, especially those with mental health conditions using bush-craft and related activities.



To find out more call: 01206 822733

Email: john.wills@greenpathventures.co.uk

www.greenpathventures.co.uk

